MEDIA RELEASE



Mental Health Victoria has today released its <u>Submission to the 2025/26 Victorian Budget</u>.

The Budget Submission calls on the Victorian Government to:

- Prioritise investment and clarity on next steps for the system reform –
 including the rollout of the Local Mental Health and Wellbeing Services; the Lived
 and Living Experience Agency; and enhanced regional governance and service
 delivery.
- Invest in initiatives to grow and retain the workforce including a new strategy focused on retention; and embedding the Lived and Living Experience Workforce.
- Demonstrate commitment to human-centred care in the system including efforts to eliminate health inequity across the state, targeted supports for young people, and establishing the 2,500 supported houses for people experiencing mental ill-health.

Since the Royal Commission into Victoria's Mental Health System, Victoria has been a noble leader in mental health reform. Mental Health Victoria recognises the significant achievements and milestones in the implementation of the mental health reform worth celebrating, including nation-leading investment of over \$6 billion since 2021, the prioritisation and growth of the lived and living experience workforce, and the establishment of the *Mental Health and Wellbeing Act* 2022.

However, the recent delays in implementing the recommendations are hindering progress towards the transformed, consumer-led, rights-based mental health and wellbeing system.

"Mental Health Victoria recognises there are fiscal challenges facing this upcoming budget; however, we urge the government to prevent the vital mental health and wellbeing system reform from continued stagnation. This Submission aims to strike the balance between idealism and pragmatism which we consider critical to maintaining momentum.

A crucial element of successful reform is collaboration between consumers, the sector and government. For service providers and policy makers to engage collectively and collaboratively, we need transparency about progress, timeframes, and outcomes. Our Submission makes several recommendations to support this, such as the need for a detailed implementation plan, release of an Outcomes Framework, and timely updates to the sector. We cannot stall progress and expect a better system to emerge. The time for action is now."

- Acting CEO, Emily Wolter.



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MHV has undertaken extensive engagement with our Associates and our Lived and Living Experience Advisory Group, to develop this Budget Submission. As we push forward, we must continue to engage the sector in the transformation, to ensure that the outcomes we seek are embedded in practice. This requires timely information sharing, as well as access to data regarding the status and progress of the reform.

ENDS

Contact

A copy of the full Submission is available here: <u>25/26 State Budget</u>.

For further information contact either:

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About Mental Health Victoria

Mental Health Victoria (MHV) is the peak body for mental health and wellbeing in Victoria. We exist to advocate resolutely for reform across the Victorian mental health and wellbeing system, through policy engagement, advocacy and workforce development.

Our advocacy is driven by the knowledge, guidance and expertise of our Associates, those working with and for the sector, and strives to centre lived and living experience.

MHV represents the collective voices of over 50 organisations working with and for the mental health and wellbeing sector in Victoria. This includes a broad range of organisations working in acute, non-acute, and community mental health, in addition to advocacy, research, education, specialist and service delivery organisations in mental health and related sectors.

We thank our Associates, as well as MHV's Lived and Living Experience Advisory Group, for their contributions in helping to shape this submission.

Find out more: www.mhvic.org.au

