

### Does this person have an advanced statement of preference?

Have I made all reasonable efforts to determine whether the consumer has an advanced statement of preference?

### Am I adhering to the Mental Health and Wellbeing Principles?

The Mental Health and Wellbeing Principles are designed to protect the rights, dignity, and autonomy of the consumer.

Have I considered less restrictive options, lived and living experience, health needs, dignity of risk and cultural safety?.

### Am I Taking into consideration the needs and preferences of the consumer?

What does the consumer feel they need based on their experiences?  
What has worked or not worked in the past?  
Has the consumer had a negative experience in certain treatments or settings?

### Key Considerations when caring for a person with mental health concerns.

#### Have I engaged with their family, friends and carers?

have I engaged with friends, family and carers about the needs, signs, treatment preferences, and supports that are individual to the consumer?  
Have I communicated to friends, family and carers in a way that respects privacy and confidentiality?

### How may I be accountable for the care being delivered?

All Mental Health and Wellbeing Principles must align with the principles of the Mental Health and Wellbeing Act. Complaints regarding Mental Health and Wellbeing providers not maintaining the legislative principles can be directed to the Mental Health and Wellbeing Commission. Complaints can be made by consumers, family and carers.