

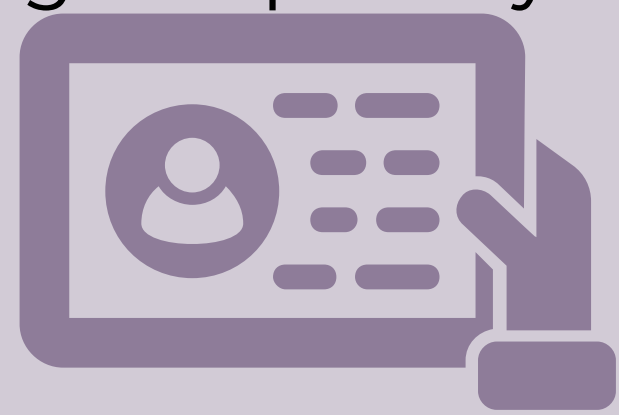
MENTAL HEALTH & WELLBEING PRINCIPLES

1

A person's rights, dignity and autonomy are to be promoted and protected



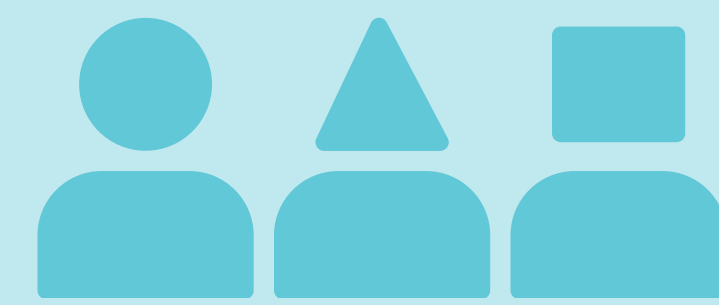
People are supported to make and participate in decisions about their assessment, treatment and recovery, with their views and preferences given priority.



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Mental health and wellbeing services are to be provided with the least possible restriction of a person's rights, dignity and autonomy and with the aim of promoting their recovery and full participation in community life.



People living with mental illness or psychological distress are to be provided with access to a diverse mix of care and support services.

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Families, carers and supporters (including children) of people receiving mental health and wellbeing services are to be supported in their role in decisions about the person's assessment, treatment and recovery.



The lived experience of a person with mental illness or psychological distress and their carers, families and supporters is to be recognised and valued.

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The medical and other health needs of people living with mental illness or psychological distress are to be identified and responded to.

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The diverse needs and experiences of people are to be actively considered, with services provided in a manner that is safe, sensitive and responsive.

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The health, wellbeing and autonomy of children and young people receiving mental health and wellbeing services are to be promoted and supported.



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People receiving mental health and wellbeing services have the right to take reasonable risks in order to achieve personal growth, self-esteem and overall quality of life.

The specific safety needs or concerns that a person may have based on their gender are to be considered and services provided in a manner that is safe and responsive to these needs and concerns.

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Mental health and wellbeing services are to be culturally safe and responsive to people of all racial, ethnic, faith-based and cultural backgrounds.



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The needs, wellbeing and safety of children, young people and other dependents of people receiving mental health and wellbeing services are to be protected.



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